



## Middle School Breakfast Menu



Breakfast is available every school day to all students for \$1.50. It is served beginning at 8:00 AM.

Monday	Tuesday	Wednesday	Thursday	Friday
Cinnamon French Toast Fruit Cup Juice Milk	Breakfast Burrito Fruit Cup Juice Milk	Biscuits and Gravy Fruit Juice Milk	Pancake/Sausage on a Stick Fresh Fruit Juice & Milk	Mini Pancakes Fruit Juice Milk

In addition to the above daily choices the following items are also available every day as an alternative menu choice:

Mini Donuts, Fruit, Juice and Milk

Yogurt, Granola Bar, Fruit, Juice and Milk

Bagel, Cheese Stick, Fruit, Juice and Milk

Cereal, choice of Small Muffin, Poptart, or Granola Bar, Fruit, Juice and Milk

Poptart, Cheese Stick, Fruit, Juice, and Milk

(Assorted Nutrition Bars, Muffins, and Juices are also offered daily ALA CARTE.)

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Note to parents.....

Pre-payments online:

To make payments or view your child's account activity, have your child's school ID number ready and go to [www.mealtime.com](http://www.mealtime.com).

To pay by Check:

Make checks payable to Highland Lunchroom Control. Send/bring the check to the cafeteria. Include the student name and ID number on the check, and if splitting the payment among multiple students, the amount to post to each account.

To pay with Cash:

Cash may be brought before school to the cafeteria for deposit into student accounts or students may pay with cash on a daily basis.

Menu is subject to change without notice due to new menu items, weather, food availability and price. In accordance with Federal law and U.S. Dept. of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, or sex, age, or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call 800-795-3272 (TTY). USDA is an equal opportunity provider and employer.